



**2014/2015**

***AAU Lacrosse Rulebook***

## **Mission**

Offering amateur Lacrosse programs through a volunteer base for all people to have the physical, mental, and moral development of amateur athletes and to promote good sportsmanship and good citizenship.

Sports For All, Forever

## **Preface**

The Amateur Athletic Union (AAU) and US Lacrosse (USL) are separate entities. The AAU recognizes US Lacrosse as the national governing body (NGB) for lacrosse within the United States. The AAU recognizes the education and certification programs for lacrosse coaches, game officials of USL, as well as their efforts in representing the USA during international competition. However, as a separate entity the AAU reserves the right to develop our own lacrosse programs.

## **Official AAU Lacrosse Rules**

In an effort to maintain a high degree of consistency throughout youth Lacrosse within the United States, the AAU has opted to utilize rules by US Lacrosse (USL) and The National Federation of State High School Associations (NFHS). The NFHS authors rules for high school boys' lacrosse, and those rules govern youth boys' lacrosse except where US Lacrosse has amended otherwise. US Lacrosse writes the rules for high school girls' lacrosse, and those rules are endorsed by the National Federation of State High School Associations (NFHS). Those rules also govern youth girls' lacrosse except where US Lacrosse has amended otherwise

**Boys' Rules** - Click Here (link - <http://www.uslacrosse.org/rules/boys-rules.aspx>)

**Girls' Rules** - Click Here (link - <http://www.uslacrosse.org/rules/girls-rules.aspx>)

*AAU permits our leagues and/or programs to revise and/or amend those rules as needed for their own purposes, provided that any such revisions do not compromise safety.*

**Does your program need Officials?** If so, see the [US Lacrosse web site's page](#) or send an e-mail to [officials@lacrosse.org](mailto:officials@lacrosse.org)

## **AAU Lacrosse Governance and Administration**

The AAU Lacrosse program is governed and administered by the policies and guidelines established within the AAU Lacrosse Governance and Administration Handbook and the AAU Code. Both documents are available at [www.aualacrosse/rules](http://www.aualacrosse/rules).