

2009 AAU GEORGIA DISTRICT CHAMPIONSHIP

June 11 – June 14, 2009

Lucy C. Laney Stadium – Augusta, Georgia

Mavis Chubb, District Athletics Chair
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QUALIFICATIONS AND PROOF OF AGE:

Athletes must have a valid 2009 AAU Individual Membership in order to enter and compete in the District Championship. AAU Membership can be obtained by going to www.aathletics.org.

Proof of Age is not required to be submitted with entries or payments, but must be submitted to Meet Management "whenever required and/or challenged." (Part II, Section E of the 2009 AAU Athletics Handbook)

Acceptable forms of Proof of Age are:

1. Original Birth Certificate;
2. A notarized original birth certificate from the appropriate issuing authority;
3. A US Military Government identification Card;
4. A valid passport (not expired) and/or;
5. A valid US driver's license.

AGE DIVISIONS:

PRIMARY GIRLS & BOYS (BORN 2001 & AFTER)

SUB-BANTAM GIRLS & BOYS (BORN 2000)

BANTAM GIRLS & BOYS (BORN 1999)

SUB-MIDGET GIRLS & BOYS (BORN 1998)

MIDGET GIRLS & BOYS (BORN 1997)

SUB-YOUTH GIRLS & BOYS (BORN 1996)

YOUTH GIRLS & BOYS (BORN 1995)

INTERMEDIATE GIRLS & BOYS (BORN 1993-1994)

*YOUNG WOMEN & MEN (BORN 1991-1992)

*ATHLETES WHO ARE STILL EIGHTEEN (18) YEARS OF AGE THROUGH THE FINAL DAY OF COMPETITION IN ANY AAU NATIONAL YOUTH CHAMPIONSHIP MEET SHALL BE ELIGIBLE TO COMPETE IN THE YOUNG WOMEN'S/MEN'S AGE DIVISION.

ENTRIES:

Online entry will open on Friday, May 1, 2009. All entries will be submitted on-line at www.coacho.com. Entries will **NOT** be accepted by any other method. **Entries must be completed by 11:30PM on Monday, June 8, 2009.** Upon completion of your entries, you will receive a confirmation from the online entry system. Please check this confirmation carefully to ensure that all of your entries have been properly submitted. If there are errors or omissions in your confirmation, it is your responsibility to make the corrections before the entry deadline. Meet Management will not be responsible for errors of entry.

All fees must be paid online. No entry payments will be accepted through mail or in person.



CORRECTIONS/CHANGES: (THERE WILL BE NO LATE ENTRIES)

- *The Corrections/Change deadline is June 9, 2009 at 8 PM.*
- *Changes and corrections completed during this period via e-mail only to Meetentries@hotmail.com.*
- *Incomplete entries, changes or corrections made after 11:30PM on June 8th will be assessed a Change Fee of \$5.00 per athlete.*
- *No changes or corrections will be accepted after 8 PM on June 9th.*
- *The \$5.00 Change Fee will automatically be assessed and must be paid at packet pickup.*

All questions about entries should be directed to Dwight Robins via email at meetentries@hotmail.com

ENTRY FEES:

Athletes participating in individual and multi-events must pay both entry fees.

Individual: \$15.00 for each individual athlete
(3 events primary to midget age groups)
(4 events sub-youth to young groups)

Relays: No additional charge for relays but be advised that entry into a relay even as an alternate counts as an individual event

Multi-Events:
Triathlon/Pentathlon \$15.00 per individual
Heptathlon/Decathlon \$15.00 per individual

PACKET PICK UP:

Clubs and individual athletes will be able to obtain their race related information at the track as follows:

Thursday June 11th 8:00 AM – 7:00 PM
Friday- Sunday July 12th thru 14th 8:00 AM – 5:00 PM

GATE FEES:

Spectators: \$3.00 per day Thursday, Friday, Saturday and Sunday or \$10 for weekend pass (which includes Thursday, Friday, Saturday and Sunday)

Free: Athletes, and Children (under 3)

AAU Members/Coaches over the age of 17(must have proof of membership and valid ID)

WARM UP AREA:

Athletes may warm up in the designated warm up area. **WARMING UP ON THE TRACK WILL NOT BE PERMITTED ONCE COMPETITION FOR EACH DAY HAS BEGUN.**

AWARDS:

First through third place finishers will receive AAU medals. Each team should delegate one representative to pick up their medals. Parents will not be allowed to pick up awards for their individual children, unless the child is running unattached.



CALL OF EVENTS:

This meet will be contested on a Timed Schedule. There will only be two calls made:

- 1st Call will be made at the time that check-in is opened for any particular event.
- Final call will be made 15 minutes before the check-in closes.

CHECK-IN:

Each competitor must report to the Clerk of Course at least 45 minutes before the scheduled time of their event. In the case of field events, the competitor must report to the Field Judge in charge of the event. Track events take precedence over field events however, you must report to the Field Judge first and request permission to be excused. Athletes may check in up to one and a half hours prior to their scheduled event.

HIPPING:

Each competitor must report to the Hipping Area at least 30 minutes before the scheduled time of their event to receive their lane assignments and hip number.

RULES:

THE AAU DISTRICT TRACK AND FIELD CHAMPIONSHIPS WILL BE CONDUCTED UNDER THE AAU CODE GUIDELINES AND FOLLOW THE COMPETITIVE RULES OF THE NATIONAL GOVERNING BOARD AS MODIFIED AND OUTLINED IN THE 2009 AAU ATHLETICS HANDBOOK. THIS BOOK CAN BE OBTAINED AT WWW.AAUATHLETICS.ORG

- **2009 RULE CHANGE:**

All Intermediate Boys/Girls and Young Men/Women are required to utilize starting blocks in the 100m/200m/400m races. This rule will be strictly enforced on both the District and National levels.

- If the athlete does not report to the track with their specified heat or section, they will forfeit their ability to compete in that event.
- If an athlete has not reported to their field event prior to the completion of the first attempt of their designated flight, they will forfeit their ability to compete in that event, according to Part IV, Section C of the 2009 AAU Athletics Handbook.
- Track shoes with spikes not to exceed ¼" in length or running flats are to be worn. No street shoes will be allowed on the track.
- Uniforms for the purpose of relays: All participants shall wear tops of the same color.
- Relay teams shall consist of four (4) members plus up to four (4) alternate members, for a maximum eight (8) total from the same club, to be declared at the time of entry into the meet, according to Part III, Section K, and Paragraph 2 of the 2009 AAU Athletics Handbook.
- **All athletes must run in their authorized age groups. Primary athletes are not permitted to "run up", nor are they permitted to compete on the Bantam 4x400m Relay.**
- **Clubs must have a valid 2009 AAU Club Membership in order to compete in Relay events.**

MEET MANAGEMENT:

This meet is being conducted by the AAU Georgia District Meet Management Team. The Meet Management Team serves as the Games Committee in accordance with Part IX, Section D of the 2009 AAU Athletics Handbook.



PROTESTS:

All protest must be filed with the Referee not more than 30 minutes after the result has been announced and/or posted, whichever comes first, in accordance with Part II, Section H of the 2009 AAU Athletics Handbook. A **CASH** fee of \$50.00 must be submitted when filing a protest. The money will only be returned if the protest is upheld.

JURY OF APPEALS:

The jury will be assigned prior to the start of the meet. A protester may appeal an unfavorable decision of the Referee to the Jury of Appeals. The decision of the Jury of Appeals is final.

INCLEMENT WEATHER:

In the case of inclement weather, meet management reserves the right to delay or postpone the completion of the meet. Communication regarding inclement weather plans will be handled during the course of the meet. It is the responsibility of the team, coach, or parent to make themselves available for these communications.

IMPLEMENTS FOR THE THROWING EVENTS:

Competitors may bring their personal implements for use in competition. Please have your implements inspected and weighed prior to competition at the appointed time and place. If implements have not been approved, they will not be accepted in competition.

ADVANCEMENT TO THE NATIONAL QUALIFIER:

All athletes who participate in the Georgia District Meet, including relays, and multi-events, qualify to compete in the 2009 Area 6 National Qualifier Track & Field Championships, June 25-28, 2009, to be held at Lucy C. Laney Stadium in Augusta, Georgia.

NATIONALS:

The AAU Junior Olympic Games will be held at Drake University Stadium, in Des Moines, IA. The JO Games will take place from July 27 thru August 8, 2009. Please visit the AAU website for additional information at www.aaujrogames.org.

FACILITY RULES:

1. No use or possession of alcohol or illegal drugs will be tolerated. NO SMOKING ALLOWED IN STANDS.
2. No loud radios or music allowed.
3. Pets are not allowed in the stadium.
4. Tents, large umbrellas and canopies will be allowed on in designated areas only. You will be advised of those designated areas by meet management.
5. Please place trash in receptacles that are provided. Trash bags will be provided at packet pick up.
6. No selling of any merchandise will be allowed without the consent of the District Chair.



DIRECTIONS TO LUCY C. LANEY STADIUM:

Please use your favorite online service (mapquest, yahoomap, excitemap, etc.) for directions to the facility.

The facility address is 1339 Laney Walker Blvd. Augusta, Georgia 30901

DIRECTIONS TO GEORGIA SOUTHERN UNIVERSITY:*From Augusta (Highway 25 and Highway 80):**

Coming into Statesboro at the city limits take a right onto Veterans Memorial Parkway . Follow Veterans Memorial Parkway (cross 301S/25S), pass the University entrance and proceed to the next stoplight. At this stoplight, turn left onto Lanier Drive (the FB stadium is on the left). Continue on Lanier to stoplight. Take a left at Chandler Road and then another left onto Meleicke. Follow this road until you see the parking lot on the left (track/soccer facility is located behind the parking lot next to the water tower).

From Atlanta/Macon (I-75 South/I-16 East/Highway 301):

Take Exit 116 off of I-16 and turn left (north) onto Highway 301. The Veterans Memorial Parkway (bypass) will be about 8 miles. Turn right onto the bypass. Pass the University entrance and proceed to the next stoplight. At this stoplight, turn left onto Lanier Drive (the FB stadium is on the left). Continue on Lanier to stoplight. Take a left at Chandler Road and then another left onto Meleicke. Follow this road until you see the parking lot on the left (track/soccer facility is located behind the parking lot next to the water tower).

From Savannah/Florida (I-95 North/I-16 West/GA 67):

Take Exit 127 off of I-16 and turn right (north) onto GA 67. It is about 15 miles from I-16 to the Statesboro city limits. Take a left onto Veterans Memorial Parkway . Continue to stoplight. Take a right onto Lanier Drive (the FB stadium is on the left). Continue on Lanier to stoplight. Take a left at Chandler Road and then another left onto Meleicke. Follow this road until you see the parking lot on the left (track/soccer facility is located behind the parking lot next to the water tower).



SCHEDULE:

The order of events will be followed as closely as possible. Please arrive at the track and be ready to compete when your event is called. Please remember that the meet will be run on a **Timed Schedule**, and you should carefully plan for any potential conflict with each event. Meet management will not be held responsible for athletes missing their events.

Meet Schedule and Order of Events:**MULTI-EVENTS CHAMPIONSHIP DAY 1****Thursday, June 11, 2009**

| TIME | EVENT | CLASSIFICATION | DAY |
|----------|------------|----------------|-----|
| 9:00 AM | Decathlon | IB, YM | 1 |
| 9:15 AM | Triathlon | SBG, BG | 1 |
| 9:30 AM | Triathlon | SBB, BB | 1 |
| 10:00 AM | Heptathlon | IG, YW | 1 |

FIRST DAY EVENT ORDER

| <u>DECATHLON</u> | <u>HEPTATHLON</u> | <u>TRIATHLON</u> |
|------------------|-------------------|------------------|
| 100M | 100MH | High Jump |
| Long Jump | High Jump | Shot Put |
| Shot Put | Shot Put | 200M (G) |
| High Jump | 200M | 400M (B) |
| 400M | | |

Thursday, June 11, 2009**RUNNING EVENTS**

| | EVENT | DIVISION | ROUND |
|---|--------------|--------------|-------------|
| 10:00 AM | STEEPLECHASE | SY,Y,I,YW,YM | TIMED FINAL |
| STEEPLECHASE WILL BE CONTESTED AT GEORGIA SOUTHERN UNIVERSITY – STATESBORO – See directions above* | | | |
| 4:00 PM | 4x800 MR | M,Y,I,YM,YW | TIMED FINAL |

FIELD EVENTS

| | EVENT | |
|---------|------------|------------|
| 2:30 PM | POLE VAULT | IB, YM, YB |
| | DISCUS | SMG, MG |
| 3:30 PM | DISCUS | SYG, YG |
| 4:00 PM | POLE VAULT | IG, YM, YB |
| 4:30 PM | DISCUS | IG, YW |



Saturday, June 13, 2008

RUNNING EVENTS

| | EVENT | DIVISION | ROUND |
|---------|--------------------|------------------|--------------|
| 8:00AM | 1500M RUN | SB, B, SM, M | FINAL |
| 9:00AM | 100M DASH | ALL DIVISIONS | SEMI-FINAL |
| 11:00AM | 800M RUN | SY, Y, I, YW, YM | TIMED FINAL |
| 12:15PM | 80MH | SM, M | SEMI-FINAL |
| 12:45PM | 100MH | SY, Y, IG, YW | SEMI-FINAL |
| 1:15PM | 110MH | IB, YM | SEMI-FINAL |
| 1:30 PM | 1500m RACE WALK | SB, B, SM, M | FINAL |
| 3:00PM | 400M | ALL DIVISIONS | SEMI-FINAL |
| 4:30PM | OPENING CEREMONIES | | |
| 5:00PM | 200M DASH | ALL DIVISION | SEMI-FINAL |

FIELD EVENTS

| | EVENT | | SHOT PUT | DISCUS | HIGH JUMP |
|---------|-------------------------|--------------|-----------------|---------------|------------------|
| | <u>LONG JUMP</u> | | | | |
| | PIT A | PIT B | | | |
| 8:30AM | SMG | SMB | SYB, YB | | SYG, YG |
| 9:30AM | MG | MB | SMB, MB | YM | |
| 10:30AM | SYG | SYB | SBB, BB | IB | IG, YW |
| 11:30AM | | | PB | YB | |
| 12:30PM | YG | YB | IB | SYB | SBG, BG |
| 1:30PM | IG | IB | YM | M | |
| 2:30PM | YW | YM | | SM | SMG, MG |
| 3:30PM | | | | | |



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Sunday, June 14, 2009

RUNNING EVENTS

| | | | |
|---------|-----------------|-------------------|-------|
| 8:00AM | 1500M RUN | SY,Y, I, YW/M | FINAL |
| 9:00AM | 100M | ALL DIVISIONS | FINAL |
| 9:45AM | 800M | P,SB,B,SM,M | FINAL |
| 10:45AM | 80MH | SM, M | FINAL |
| 11:00AM | 100MH | SY, Y, IG, YW | FINAL |
| 11:30AM | 110MH | IB, YM | FINAL |
| 12:15PM | 400M DASH | ALL DIVISIONS | FINAL |
| 1:45 PM | 3000m RACE WALK | SY, Y, I, YW, YM | FINAL |
| 3:15PM | 200M | ALL DIVISIONS | FINAL |
| 4:15PM | 4 X 400M RELAY | B, M, Y, I, YW,YM | FINAL |

FIELD EVENTS

| TIME | EVENT | |
|---------|------------------|-----------------|
| | <i>HIGH JUMP</i> | <i>SHOT PUT</i> |
| 9:00AM | SBB,BB | PG |
| 10:00AM | SMB,MB | SBG,BG |
| 11:00AM | SYB,YB | SMG,MG |
| 12:00PM | IB | SYG,YG |
| 1:00pm | YM | IG,YW |

GOOD LUCK!
WE'LL SEE YOU AT THE TRACK!



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